


June 2017-CYCLE

Mon	Tue	Wed	Thu	Fri	Sat
<p>Please be sure to register at the member service desk, on line or over the phone for class. Member: \$2 Non Member: \$7</p> <p>You can also sign up to be a frequent cyclist and cycle unlimited. **Frequent Cyclers can sign up the 20th of month for classes! Member -\$12 Non members-\$70 FREE classes do not require registration.</p> <p>If you need to cancel, please do so at least prior to day of class in order to get \$2 back. Frequent cyclers also need to cancel prior to day of class or will be charged \$2.</p>			<p>1 Cycle Boot Camp FREE Carol/Candace 9:15-10:30 am</p> <p>Active Older Adult FREE 11:30a m -noon Lisa</p> <p>Rick 6:30-7:30 pm</p>	<p>2 Cycle Boot Camp Jen P./Danielle K. 5:30-7 am FREE</p> <p>Marion 10-11 am</p>	<p>3 Danielle K. 7:15-8 am</p> <p>Rick 9-10 am</p>
<p>5 Cycle Boot Camp Danielle/ Michaela 5:30-6:30 am FREE</p> <p>Active Older Adult FREE 9-9:30 Lisa</p> <p>Candace 10-11 am</p> <p>Chris 6:30-7:30 pm</p>	<p>6 Marion 9:30-10:15 am <i>(Core following til 10:40 am)</i></p> <p>Danielle K. 6-6:30 pm</p>	<p>7 Misty 5:30-6:30 am</p> <p>Michaela 10:15-11 am</p> <p>Megan 6-7 pm</p>	<p>8 Cycle Boot Camp FREE Carol/Candace 9:15-10:30 am</p> <p>Active Older Adult FREE 11:30a m -noon Lisa</p> <p>Rick 6:30-7:30 pm</p>	<p>9 Cycle Boot Camp Jen P./Danielle K. 5:30-7 am FREE</p> <p>Marion 10-11 am</p>	<p>10 Danielle K. 7:15-8 am</p> <p>Rick 9-10 am</p>
<p>12 Cycle Boot Camp Danielle/ Michaela 5:30-6:30 am FREE</p> <p>Active Older Adult FREE 9-9:30 Lisa</p> <p>Candace 10-11 am</p> <p>Chris 6:30-7:30 pm</p>	<p>13 Marion 9:30-10:15 am <i>(Core following til 10:40 am)</i></p> <p>Danielle K. 6-6:30 pm</p>	<p>14 Misty 5:30-6:30 am</p> <p>Michaela 10:15-11 am</p> <p>Megan 6-7 pm</p>	<p>15 Cycle Boot Camp FREE Carol/Candace 9:15-10:30 am</p> <p>Active Older Adult FREE 11:30a m -noon Lisa</p> <p>Rick 6:30-7:30 pm</p>	<p>16 Cycle Boot Camp Jen P./Danielle K. 5:30-7 am FREE</p> <p>Marion 10-11 am</p>	<p>17 Danielle K. 7:15-8 am</p> <p>Rick 9-10 am</p>
<p>19 Cycle Boot Camp Danielle/ Michaela 5:30-6:30 am FREE</p> <p>Active Older Adult FREE 9-9:30 Lisa</p> <p>Candace 10-11 am</p> <p>Chris 6:30-7:30 pm</p>	<p>20 Marion 9:30-10:15 am <i>(Core following til 10:40 am)</i></p> <p>Danielle K. 6-6:30 pm</p>	<p>21 Misty 5:30-6:30 am</p> <p>Michaela 10:15-11 am</p> <p>Megan 6-7 pm</p>	<p>22 Cycle Boot Camp FREE Carol/Candace 9:15-10:30 am</p> <p>Active Older Adult FREE 11:30a m -noon Lisa</p> <p>Rick 6:30-7:30 pm</p>	<p>23 Cycle Boot Camp Jen P./Danielle K. 5:30-7 am FREE</p> <p>Marion 10-11 am</p>	<p>24 Danielle K. 7:15-8 am</p> <p>Rick 9-10 am</p>
<p>26 Cycle Boot Camp Danielle/ Michaela 5:30-6:30 am FREE</p> <p>Active Older Adult FREE 9-9:30 Lisa</p> <p>Candace 10-11 am</p> <p>Chris 6:30-7:30 pm</p>	<p>27 Marion 9:30-10:15 am <i>(Core following til 10:40 am)</i></p> <p>Danielle K. 6-6:30 pm</p>	<p>28 Misty 5:30-6:30 am</p> <p>Michaela 10:15-11 am</p> <p>Megan 6-7 pm</p>	<p>29 Cycle Boot Camp FREE Carol/Candace 9:15-10:30 am</p> <p>Active Older Adult FREE 11:30a m -noon Lisa</p> <p>Rick 6:30-7:30 pm</p>	<p>30 Cycle Boot Camp Jen P./Danielle K. 5:30-7 am FREE</p> <p>Marion 10-11 am</p>	

July 2017-CYCLE

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<p>Please be sure to register at the member service desk, on line or over the phone for class. Member: \$2 Non Member: \$7 You can also sign up to be a frequent cyclist and cycle unlimited. **Frequent Cyclers can sign up the 20th of month prior for classes! Member -\$12 Non members-\$70 FREE classes do not require registration. If you need to cancel, please do so at least prior to day of class in order to get \$2 back. Frequent cyclers also need to cancel prior to day of class or will be charged \$2.</p>					<p>1 Danielle K. 7:15-8 am</p> <p>Rick 9-10 am</p>
<p>3 Cycle Boot Camp Danielle/ Michaela 5:30-6:30 am FREE</p> <p>Active Older Adult FREE 9-9:30 Lisa</p> <p>Candace 10-11 am</p> <p>Chris 6:30-7:30 pm</p>	<p>4</p> <p>CLOSED</p> 	<p>5 Misty 5:30-6:30 am</p> <p>Michaela 10:15-11 am</p> <p>Megan 6-7 pm</p>	<p>6 Cycle Boot Camp FREE Carol/Candace 9:15-10:30 am</p> <p>Active Older Adult FREE 11:30a m -noon Lisa</p> <p>Rick 6:30-7:30 pm</p>	<p>7 Cycle Boot Camp Jen P./Danielle K. 5:30-7 am FREE</p> <p>Marion 10-11 am</p>	<p>8 Danielle K. 7:15-8 am</p> <p>Rick 9-10 am</p>
<p>10 Cycle Boot Camp Danielle/ Michaela 5:30-6:30 am FREE</p> <p>Active Older Adult FREE 9-9:30 Lisa</p> <p>Candace 10-11 am</p> <p>Chris 6:30-7:30 pm</p>	<p>11 Marion 9:30-10:15 am <i>(Core following til 10:40 am)</i></p>	<p>12 Misty 5:30-6:30 am</p> <p>Michaela 10:15-11 am</p> <p>Megan 6-7 pm</p>	<p>13 Cycle Boot Camp FREE Carol/Candace 9:15-10:30 am</p> <p>Active Older Adult FREE 11:30a m -noon Lisa</p> <p>Rick 6:30-7:30 pm</p>	<p>14 Cycle Boot Camp Jen P./Danielle K. 5:30-7 am FREE</p> <p>Marion 10-11 am</p>	<p>15 Danielle K. 7:15-8 am</p> <p>Rick 9-10 am</p>
<p>17 Cycle Boot Camp Danielle/ Michaela 5:30-6:30 am FREE</p> <p>Active Older Adult FREE 9-9:30 Lisa</p> <p>Candace 10-11 am</p> <p>Chris 6:30-7:30 pm</p>	<p>18 Marion 9:30-10:15 am <i>(Core following til 10:40 am)</i></p>	<p>19 Misty 5:30-6:30 am</p> <p>Michaela 10:15-11 am</p> <p>Megan 6-7 pm</p>	<p>20 Cycle Boot Camp FREE Carol/Candace 9:15-10:30 am</p> <p>Active Older Adult FREE 11:30a m -noon Lisa</p> <p>Rick 6:30-7:30 pm</p>	<p>21 Cycle Boot Camp Jen P./Danielle K. 5:30-7 am FREE</p> <p>Marion 10-11 am</p>	<p>22 Danielle K. 7:15-8 am</p> <p>Rick 9-10 am</p>
<p>24/31Cycle Boot Camp Dan- ielle/Michaela 5:30-6:30 am FREE</p> <p>Active Older Adult FREE 9-9:30 Lisa</p> <p>Candace 10-11 am</p> <p>Chris 6:30-7:30 pm</p>	<p>25 Marion 9:30-10:15 am <i>(Core following til 10:40 am)</i></p>	<p>26 Misty 5:30-6:30 am</p> <p>Michaela 10:15-11 am</p> <p>Megan 6-7 pm</p>	<p>27 Cycle Boot Camp FREE Carol/Candace 9:15-10:30 am</p> <p>Active Older Adult FREE 11:30a m -noon Lisa</p> <p>Rick 6:30-7:30 pm</p>	<p>28 Cycle Boot Camp Jen P./Danielle K. 5:30-7 am FREE</p> <p>Marion 10-11 am</p>	<p>29 Danielle K. 7:15-8 am</p> <p>Rick 9-10 am</p>