

# September-Youth Schedule

MON	TUES	WED	THURS	FRI	SAT
<p><b>Youth Wellness Hours</b> 9-10:30am FREE Ages 9 and Up</p>	<p><b>Youth Cycle</b> 5:30-6pm Cycling Studio Must be 4'4" Small Group pricing applies</p> <p><b>Youth Strength Training</b> 6-7pm Wellness Center Ages: 9-17 Small Group pricing applies</p>	<p><b>Youth Tread N Shred</b> 5:30-6:30pm Indoor Track Ages: 7-17 Small Group pricing applies</p> <p><b>Youth Wellness Hours</b> 6:00-7:30pm Ages 9 and Up Free for Members</p>	<p><b>Youth MX4</b> 4:45-5:15pm Multi-Purpose Room Ages: 6-14 Small Group pricing applies</p>	<p><b>Youth Wellness Hours</b> 9-11am Ages 9 and Up Free for Members</p>	<p><b>Youth Strength Training</b> 9:00-10:00am Wellness Center Ages 9-17 Small Group pricing applies</p> <div data-bbox="1646 784 1963 881" style="background-color: yellow; border: 2px solid black; text-align: center; padding: 5px;"> <p><b>SUN</b></p> </div> <p><b>Youth Wellness Hours</b> 5:30-7:30pm Ages 9 and Up Free for Members</p>