

December 2018 Clubs

Free for all YMCA members!



Mon	Tues	Wed	Thu	Fri
<p>All Clubs will meet in the Board Room unless specified otherwise!</p>	<p>4</p> <p>5-5:30p Bingo</p>	<p>5</p> <p>12:00-1pm Tai Chi (Multipurpose Room)</p>	<p>6</p>	<p>7</p> <p>12:00-12:30pm Cheers to the Years</p>
<p>10</p> <p>9-9:30am Breakfast Club</p>	<p>11</p> <p>10:30-11:30am Wildwood Cookie Exchange</p>	<p>12</p> <p>12:00-12:30pm Bingo</p>	<p>13</p> <p>12:00-12:30pm YMCA Cookie Exchange</p>	<p>14</p>
<p>17</p> <p>12:00-1pm Healthy Hacks</p>	<p>18</p> <p>12:00-2pm Restaurant Club</p>	<p>19</p>	<p>20</p> <p>12:00-12:30pm Game Club</p>	<p>21</p>
<p>24</p>	<p>25</p> <p>12:00-2pm Restaurant Club</p>	<p>26</p> <p>12:00-12:30pm Bingo</p>	<p>27</p>	<p>28</p>
<p>31</p> <p>Lunch Bunch will be cancelled this month. See you next month!</p>				

Clubs



Cheer to the Years: Come join us for a birthday club to celebrate. We will share cake, coffee, laughs and stories!

Walk with a Doctor: **POSTPONED UNTIL JANUARY!** Come join us for a unique opportunity that allows for a chance to informally ask questions and discuss the topics with a medical professional that office visits often limit!

Game Club: Come join us for a game of cards, Scrabble, Chess, Checkers, Yahtzee, Dominos and more. Members will come together to choose the game and enjoy their time together!

Bingo: Come join us for a bingo club for fun competition, laughs and discussion!

Lunch Bunch: Come join us for a lunch club. Meet after class and enjoy the food and company!

Healthy Hacks: Come join us for “Creatively Healthy Living” cooking tips and tricks to help make the kitchen fun and healthy. Samples and tastes test will be shared by all!

Restaurant Club: Come join us for food and fellowship, while we try to stay on the healthy side! Look for the restaurant choice on Facebook and meet us there!

Breakfast Club: Come join us for breakfast over coffee or tea and enjoy the fellowship!

Tai Chi: Come join us for a class that explores the philosophical and spiritual implications of the original 13 posture of Tai Chi.