

Beaver County YMCA News



Contact: Ali Tutino, Membership Director or
Beth Boffo, Wellness Director

DECEMBER 2018

Member in the Spotlight!

Bill Mackaly has been a member here at the Beaver County YMCA since 2011 when he began the SilverSneaker program. He initially began his YMCA journey because the SilverSneaker program was too good to pass up. Now, Bill has moved to our Small Group Classes. He finds Small Group Classes to be flexible and an outstanding value. Bill will continue to maintain a level of fitness that will result in a healthy, happy life. One instructor that has influenced Bill, is LeeAnn Paraniuk. LeeAnn taught Bill that exercise and fitness is a lifelong endeavor that doesn't have an age limit. Well, Bill, we couldn't have said it better ourselves! Keep up the inspirational work!!



T-Shirt Incentive

Help Us Choose!

VOTE AT THE MEMBER SERVICE DESK!



Membership Events for the Month of December:

Happy Hour

Friday December 28th 6-7pm

Come indulge in some healthy snacks instead of loading up on calories at your traditional happy hour!

Give and Get

December 1st-December 12th

Bring a new or gently used toy for any age, place it under the tree and take a Y ornament off of the tree. A small thank you for helping families in need, from the Beaver County YMCA!

IT'S NEVER TOO LATE... NEVER TOO LATE TO START OVER, NEVER TOO LATE TO BE HAPPY.

-JANE FONDA

Cookie Exchange...

Thursday, December 13th

Wildwood: Tuesday December 11th

This Christmas get together won't just be fun, it will be giving...make a dozen for sharing and dozen for donation to Christmas of Giving! Never have flour and sugar been quite so sweet!

Winter Basketball League

Pass, jump and shoot your way into the Beaver County YMCA Youth Basketball League. The League will teach the basic fundamentals of basketball with one practice a week teaching drills and skills. Games will be held on Saturday mornings between 10am-1pm based on League schedule. The League is 9 weeks long and will consist of 8 games. Each child will purchase a jersey to be worn during game days. After the game each child will receive a free snack!

Please register online or at the Member Service Desk!

Christmas of Giving Donations

Making a difference has
never been so easy!

If you can find it in your heart to bring the fixings for a traditional Christmas Dinner, we will be taking donations on the red table in the lobby. These meals will go to the families that will be participating in Christmas of Giving.

Thank you in advance!