

May 2016-CYCLE

Mon	Tue	Wed	Thu	Fri	Sat
<p>2 Cycle Boot Camp Danielle K./Michaela 5:30-6:45 am FREE</p> <p>Candace 10-11 am</p> <p>Chris 6:30-7:30 pm</p>	<p>3 Marian 9:30-10:30 am</p> <p>Cycle Boot Camp Danielle K./ Gretchen 6:30-7:30 pm FREE</p>	<p>4 Misty 5:30-6:30 am</p> <p>Michaela 10-11 am</p> <p>Beth 6-7 pm</p>	<p>5 Carol *9:30-10:30 am</p> <p>Rick 6:30-7:30 pm</p>	<p>6 Cycle Boot Camp Jen P. *5:30-7 am FREE</p> <p>Marian 10-11 am</p>	<p>7 Danielle K. 6:30-7:30 am</p> <p>Grace 9-10 am</p> <p>Morgan 1-2 pm *Beginning cycle</p>
<p>9 Cycle Boot Camp Danielle K./Michaela 5:30-6:45 am FREE</p> <p>Candace 10-11 am</p> <p>Chris 6:30-7:30 pm</p>	<p>10 Marian 9:30-10:30 am</p> <p>Cycle Boot Camp Danielle K./ Gretchen 6:30-7:30 pm FREE</p>	<p>11 Misty 5:30-6:30 am</p> <p>Michaela 10-11 am</p> <p>Beth 6-7 pm</p>	<p>12 Carol *9:30-10:30 am</p> <p>Rick 6:30-7:30 pm</p>	<p>13 Cycle Boot Camp Jen P. 5:30-7 am FREE</p> <p>Marian 10-11 am</p>	<p>14 Danielle K. 6:30-7:30 am</p> <p>Grace 9-10 am</p> <p>Morgan 1-2 pm *Beginning cycle</p>
<p>16Cycle Boot Camp Danielle K./Michaela 5:30-6:45 am FREE</p> <p>Candace 10-11 am</p> <p>Chris 6:30-7:30 pm</p>	<p>17 Marian 9:30-10:30 am</p> <p>Cycle Boot Camp Danielle K./ Gretchen 6:30-7:30 pm FREE</p>	<p>18 Misty 5:30-6:30 am</p> <p>Michaela 10-11 am</p> <p>Beth 6-7 pm</p>	<p>19 Carol 9:30-10:30 am</p> <p>Rick 6:30-7:30 pm</p>	<p>20 Cycle Boot Camp Jen P. 5:30-7 am FREE</p> <p>Marian 10-11 am</p>	<p>21 *FREE Outdoor Cycle(<u>please register</u>) Danielle K. 7-8 am Jen P. 8-9 am Grace 9-10 am</p> <p>Morgan 1-2 pm *Beginning cycle (indoor)</p>
<p>23 Cycle Boot Camp Danielle K/Michaela 5:30-6:45 am FREE</p> <p>Candace *Top 40 theme *10-11 am</p> <p>Chris 6:30-7:30 pm</p>	<p>24 Marian 9:30-10:30 am</p> <p>Cycle Boot Camp Danielle K./ Gretchen 6:30-7:30 pm FREE</p>	<p>25 Misty 5:30-6:30 am</p> <p>Michaela 10-11 am</p> <p>Beth 6-7 pm</p>	<p>26 Carol 9:30-10:30 am</p> <p>Rick 6:30-7:30 pm</p>	<p>27 Cycle Boot Camp Jen P. 5:30-7 am FREE</p> <p>Marian 10-11 am</p>	<p>28 Danielle K. 6:30-7:30 am</p> <p>Grace 9-10 am</p> <p>Morgan 1-2 pm *Beginning cycle</p>
<p>30 CLOSED HAPPY MEMORIAL DAY</p>	<p>31 Marian 9:30-10:30 am</p> <p>Cycle Boot Camp Danielle K./ Gretchen 6:30-7:30 pm FREE</p>	<div style="border: 2px solid black; padding: 5px;"> <p><u>Special Sunday Classes!</u> Sunday, May 1st 2:30-3:30 pm Lisa Sunday, May 22nd 2-3 pm Heather *Child Watch will not be open during these classes.</p> </div>			

Please be sure to register at the member service desk, on line or over the phone for class.

Cost is \$2 per class.

You can also sign up to be a frequent cyclist for \$12 a month.

Frequent cyclers still need to sign up for classes.

FREE classes do not require registration.

If you need to cancel, please do so at least 2 hours prior to class in order to get \$2 back. Frequent cyclers also need to cancel 2 hours prior to class or will be charged \$2.