

# MOTIVATED MEMBER OF THE MONTH SUCCESS STORIES AND NOMINATIONS

So what's your YMCA Story? Tell us how you or someone you know has been impacted by their YMCA membership, programs, or fellowship. We will chose one story per month to showcase on our Facebook Page, in our Lobby, and elsewhere. Our chosen Motivated Member of the Month and the Nominator will win a complimentary Program! Share your story to inspire and lift others!

Nominee Name:

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Nominators Name:

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How did the two of you meet?

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What's the Story?

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Lifestyle Changes –Exercise?

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Lifestyle Changes – Diet?

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Biggest Challenge So Far?

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What are you loving about your new lifestyle?

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Advise to give others just starting on their health and fitness journey?

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