

NOVEMBER-YOUTH SCHEDULE

MON	TUES	WED	THURS	SAT
<p>Youth Wellness Hours 6-7pm Ages 9 and Up Free for Members</p> <p>Youth Strength 5:30-6:30 pm Small Group Pricing Applies Members: \$10 Non-members: \$15 (Wellness Center)</p> <p>Youth Center 5-8 pm Ages 6-14</p>	<p>Youth Cycle 5:30-6pm Cycling Studio Must be 4'4" Small Group pricing applies Members: \$1 Non-Members: \$3.50</p> <p>Youth Yoga 6-6:25 pm Raquetball Court Free for Members</p> <p>Youth Tread N Shred 6-7 pm Small Group Pricing Applies Members: \$10 Non-members: \$15 (Indoor Track)</p> <p>Youth Center 5-8 pm Ages 6-14</p>	<p>Youth Wellness Hours 6:00-7:30pm Ages 9 and Up Free for Members</p> <p>Youth Jump Rope 6-6:30 pm Aerobic Room Free for Members</p> <p>Youth Strength 5-6 pm Small Group Pricing Applies Members: \$10 Non-members: \$15 (Wellness Center)</p> <p>Youth Center 5-8 pm Ages 6-14</p>	<p>Youth Center 5-8 pm Ages 6-14</p> <p>Youth Cycle 6-6:25 pm Cycling Studio Must be 4'4" Small Group pricing applies Members: \$1 Non-Members: \$3.50</p>	<p>Youth Wellness Hours 10-12:00pm Ages 9 and Up Free for Members</p> <p>Youth Just For You 10-1030 am Fitness Studio Free for Members</p> <p>MX4 10-11 am Multipurpose Room Small Group Pricing Applies Members: \$10 Non-members: \$15</p>
				<h2>SUN</h2>
				<p>Youth Wellness Hours 5:30-7:30pm Ages 9 and Up Free for Members</p>