

Beaver County YMCA



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# Member Guide





## WELCOME

Welcome to the Beaver County YMCA. We are a mission-driven, not-for-profit organization committed to: putting Christian principles into practice through programs that build a healthy spirit, mind and body for all.

Founded in 1889; the Beaver County YMCA is the oldest non-profit in Beaver County. The YMCA strengthens the foundations of our community by focusing on youth development, healthy living, and social responsibility.

We believe that lasting personal and social change can only come about when we all work together to invest in our kids, our health, and our neighbors.

I challenge you to really take advantage of all of we have to offer. Our programs are plentiful and affordable and many are included complimentary or at a reduced rate.

At the Y, strengthening community is our cause. Every day, we work side by side with our neighbors in our community to make sure that everyone, regardless of age, income, or background, has the opportunity to learn, grow, and thrive. This is made possible through contributions and volunteerism through our YMCA Annual Campaign to further our Mission.

Thank you again for choosing the Beaver County YMCA. We look forward to working with all our members to improve our community and provide healthy and positive options and opportunities for all.

Sincerely,

Michael B. Harich  
President/CEO

### Notes:

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## Commitment to Serving Beaver County

### Our MISSION:

To put Christian principles into practice through programs that build healthy spirit, mind and body for all.

### Our VALUES:

- **Caring:**

Whatever you did for one of the least of these, you did for me.  
- Matthew 25:37-40

- **Honesty:**

Whatever is true; whatever is noble, think about such things.  
- Philippians 4:9

- **Respect:**

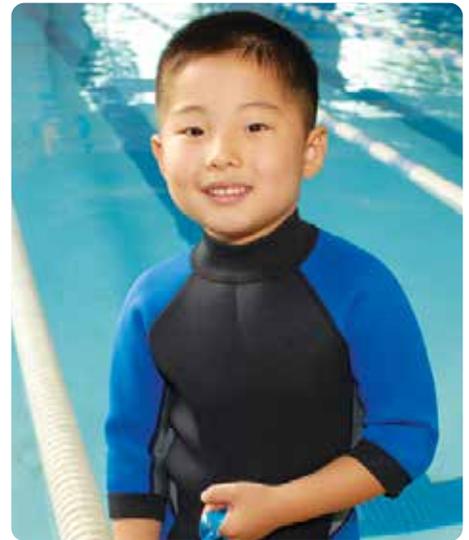
Do to others what you would have them do to you.  
- Matthew 7:12

- **Responsibility:**

You have been faithful with a few things, I will put you in charge of many things.  
- Matthew 25:23

- **Faith:**

Without faith it is impossible to please God.  
- Hebrews 11:6



### Our AREAS OF FOCUS:

FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

Through our vision, we live out our mission by creating programs that are valuable to all members of our community. Then, we incorporate our values within our programs, teaching a basis of sportsmanship through caring, honesty, respect, responsibility and faith.

## Affirmation of Values through Programs

The Beaver County YMCA offers many programs and services that affirm its commitment to our vision of building strong kids, strong families and strong communities. We also affirm our mission and core values.

The YMCA core values of caring, honesty, respect, responsibility and faith are evident in all that we do. Every program and activity reinforces our core values and we expect our participants to recognize and exhibit the same values.

For a complete listing of YMCA programs and services, see the program guide or talk to one of our directors or member service staff, or visit us online at [www.beavercountymca.org](http://www.beavercountymca.org).

## YMCA Has a Long History in Beaver County

Since 1889, the Beaver County YMCA has been building strong kids, strong families, and strong communities. We have strived to meet the needs of our members, as well as our community. From our roots as a Christian organization for men, to our present mission of providing numerous services to families, the YMCA has been a constant in this community.



- We offer programs for children, youth, adults and families. We focus on fitness and fun, while teaching values and sportsmanship.
- We offer high-quality childcare services, offering you convenience and peace of mind knowing that if your child can't be with you, he/she can be with people you trust.
- We reach out to the community through our annual Christmas of Giving, pairing a family in need and a family who has enough to share. The families spend the day together enjoying fellowship over breakfast and lunch, gaining financial literacy, crafting, family games, and bible study.
- The Beaver County YMCA offers top-notch aquatics programs to the community.
- We care about our aging population and offer programs that meet the health needs of seniors, such as Arthritis Aquatics, SilverSneakers® and Silver & Fit®.
- We offer financial assistance exceeding \$100,000 per year through our YMCA scholarship programs awarding the community, memberships and access to programs based upon requests submitted.
- We listen to your needs and concerns, and offer programs accordingly, such as hunter-safety courses; babysitting workshops for teens and pre-teens; and lifeguarding certification.
- We offer summer playground service to the youth of Beaver County, including a free lunch program.
- We provide free summer lunch programs as well as year-round dinner programs throughout the community for children 18 and under.

You will find various YMCA policies and other useful information in this "New Member Guide." Additional information can be found in the program guide, including a listing of staff.

# Membership/Annual Campaign

## Membership Implies a Sense of Belonging

At the Beaver County YMCA, we value our members' comments and suggestions. We value your needs and their ideas. We rely on our members for much of what we do. We add programs based on member ideas and needs. We expanded our Wellness Center and added locker rooms, including a family changing room, therapy pool, multipurpose room, and group cycling studio based on member comments and suggestions. We are all the YMCA.

We are a facility that offers many services to many families and individuals. We try to meet the needs of all of our members. We are more than a state-of-the-art fitness facility. We are a childcare provider; a center for youth sports; an aquatics leader; a senior center; a youth center; a community leader and advocate; and a place for Beaver County YMCA members to call their own.



## Annual Campaign

The Beaver County YMCA mission is to put Christian principles into practice through programs that build a healthy spirit, mind and body for all. We do this every day, but need generous community financial support to make it happen. Our Annual Campaign provides just that.

### Here are some examples of the impact the Annual Campaign has in your community:

- Serves students through our free structured and supervised playground program.
- Covers membership scholarships to families in need.
- Provides Christmas for families.
- Provides a day camp experience for displaced children in Romania that includes hot meals.
- Connects individuals and families to safe visits at our managed pools in Midland and Ellwood City.
- Feeds warm meals through our Youth Supper program.
- Provides toys to families through our "Children helping Children" program.
- Provides free swimming lessons through our "Swim for All" program.



## Membership Implies a Sense of Belonging

Memberships here at the YMCA have two different payment options:

- **Monthly Dues:** Member is responsible at sign up for joiners fee plus prorated portion of membership dues.
- **Annual Paid in Full:** Member is responsible at sign up for joiners fee, prorated membership dues for current month plus yearly membership dues.

NOTE: If a monthly bank draft is chosen, banking information or credit card must be provided at time of enrollment to begin the drafting process. Memberships paid by monthly bank draft are continuous until a cancellation form is submitted at least 30 days prior to draft date.

### Joining Fee

The joining fee is a one-time charge that can be spread over 3 months, as long as membership remains current. If you terminate your membership for longer than 30 days, you will be charged the current joining fee again upon reinstatement of your membership.

Note: There is a charge for returned checks on all bank drafts and bank-draft rejections. Please check with Member Services Desk for current fee. Membership dues, joining fees, and bank drafts are non refundable.

### Membership Status Changes

Changes to your membership, including additions, deletions or name and address changes need to be processed in writing, using the necessary form at our Member Services Desk.

Your membership card is not transferable and is the property of the Beaver County YMCA. Lending your card to anyone will result in loss of privileges. If lost or stolen, you may request a replacement card, which will be issued at a cost of \$5 per card.

### William A. Parise Scholarship Program

The William A. Parise Scholarship Program is a member/community-financial assistance program for membership access. Applicants must provide proof of income to be considered for the program. Assistance is determined on a bi-weekly basis and must be applied for yearly. Applications available at the Member Service Desk.

### Open Doors Mission Rate

Check with our Member Service Desk and if you meet the household income guidelines, they will provide you with the current subsidized rates. All we need is proof of income in the form of a 1040 tax document within 14 days of sign up. The joiner's fee can also be spread over 3 months.

### Gift Cards

YMCA gift cards, in any amount, can be purchased for swim lessons, youth programs, childcare, personal training, adult programs, and membership. Just stop by the Member Service Desk for more information.

Note: Gift Cards expire one year from the date of issue.

### Lost & Found

The Beaver County YMCA is not responsible for lost or stolen property. However, we do keep lost & found items when possible. Please check with the Member Services Staff if you are missing an item. Items will be kept for a reasonable amount of time, and then donated to another charity.

### Parking

Members may park in the YMCA lot; behind the YMCA near Yesco Electric Supply; or across the street near Vollmer's Service. Please reserve the handicap spaces and the Physical Therapy spaces for those who need them. Please also obey the childcare drop-off times, leaving those spaces available for parents picking up and dropping off young children.



### Beaver County YMCA Membership Benefits

The Beaver County YMCA Facility Features:

- **25 Yard Multi-Purpose Swimming Pool**
- **25 x 30 foot Warm Water Therapy Pool**
- **Sauna, Steam Room, Whirlpool**
- **40 x 45 square foot Wellness Center**
- **Fitness Studio**
- **Cycle Studio**
- **42 x 22 square foot Aerobics studio**
- **Full Gymnasium**
- **2 Racquetball Courts**
- **85 x 40 square foot Multi-Purpose Gymnasium**
- **Indoor Walking Track**
- **Child Watch Facility**
- **4 Locker Rooms**
- **Family Changing Room**
- **Fully-Licensed Childcare Center**
- **Playground**



### Other Membership Benefits Include:

- **FREE** two hours of child watch, seven days a week, while you work out including FREE program opportunities
- **FREE** land and water aerobics
- **FREE** coffee, hot chocolate and tea until 9:30 a.m. (Mon. - Sat.)
- **FREE** monthly family activities
- **FREE** family and open swim
- **FREE** racquetball
- **FREE** aerobic programs
- **FREE** Wellness Orientation
- Purchase drinks, protein shakes, juice, etc. at our Member Service Desk.
- Priority registration for programs / No registration fee for Child Care.
- Reduced program fees for all YMCA programs
- The ability to bring guests to the facility in accordance with the YMCA Guest Pass Policy
- An opportunity for fellowship
- Member Appreciation Events
- If you forget...the YMCA can provide you with a lock, towel, basketball and racquetball equipment for use during your visit.
- You can sign up to be a Frequent Cyclist and Cycle Unlimited. Frequent Cyclists receive priority registration benefits such as registering on the 20th of the month for next month's class.
- You can sign up to be a Small Group Individual or Small Group Family training member. Giving you access to classes limited to 10 participants and led by a certified Personal Trainer. As well as, the same benefits mentioned above under Frequent Cyclist.

## Beaver County YMCA Policies

### Smoking Policy

Beaver County YMCA facilities and grounds are smoke & tobacco-free environments.

### Posting Policy

The Beaver County YMCA permits members to post items that may benefit our members. Please see the Member Service Desk on direction of where to post.

*Note: If deemed inappropriate for our members it will be removed.*

### Locker Policy

The Beaver County YMCA does not rent lockers or locks. Lockers are provided on a first-come, first-served basis. Members must provide their own locks, which must be removed at the end of the day. Failure to remove a lock will result in cutting the lock and placing all contents in a bag that will be placed in the "lost and found."

All personal apparel and belongings are to be placed in lockers (locks provided by the member) or left at the Member Service Desk. Personal-belonging bags are provided at the Member Service desk for keys and other small items. You must sign these bags in and out.

### Locker Room Designation Policy

The Beaver County YMCA is fully committed to meeting our members' needs. Therefore, the locker rooms in the back hallway are designated for parents with children of the opposite sex up to 5 years of age. If you feel uncomfortable with this arrangement please use locker rooms in the main hallway which are female or male only at all times.

### Registration Policy

Participants are required to register prior to the first day of a fee-based class or program unless otherwise noted. Additionally, payment for the program must be made to reserve a space. Registration and payment may be completed via telephone or online at beavercountyyymca.org. Payment at the YMCA may be made via cash, check or credit card.

A waiting list is kept when a class/program becomes full. If a spot in the class should become available, we will begin to phone those on the waiting list from the first ranked person to the last until all available vacancies are filled. If the waiting list is large, another class or program session may be added, if possible.

### Discipline Policy

The Beaver County YMCA is based upon Christian ideals, values and behavior. Conduct is subject to review by the Professional Staff. Actions are reviewed on an individual basis, and unacceptable behavior may result in suspension or withdrawal of membership privileges at the discretion of the President/CEO. Unacceptable behavior will include, but is not limited to the following:

- Physical or verbal fighting or abuse
- Theft
- Profanity
- Vandalism
- Drug or alcohol possession or use
- Any tobacco use
- Misuse of membership card
- Mistreatment of staff/fellow members

Any person who supports the purpose may become a member of this corporation in accordance with such provisions as may be established by the board of directors, and shall so continue to be a member unless the board or its authorized agent concludes, in its sole discretion, that a member has failed to live up to the standards and commitments of being a member of this YMCA.



## Membership

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### Guest Policy

Guests may visit the facility 1 time per year. On the second visit, a single or multi-day pass or membership must be purchased.

All guests 18 and over must present photo ID to gain entry. Guests who are 12 and younger must be accompanied by a parent or guardian with photo identification.

Members must accompany their guests when visiting the YMCA.

### Day Pass Policy

Adult and Family (living in the same household) Day Passes are available to purchase. There is no limit as to how many One-Day Passes you may purchase. 7 Day Passes have a limit of 2 per calendar year. These passes have no cash value, are non-transferable, and not redeemable towards membership.

Type of Pass	Fee	Limit
One Day	\$15 Adult \$20 Family	None
7 Days	\$40 Adult \$45 Family	2 per calendar year

### Nationwide Membership

Nationwide Membership enables Y members to visit any participating Y in the United States and Puerto Rico through membership at their home Y, at no additional cost. With Nationwide Membership, all nationwide members have access to and can use all the areas and programs of any Y they visit, helping them reach their health and wellness goals wherever they live, work, or travel; and making it possible for them to connect with the larger Y community in meaningful ways.

If you are planning to visit another YMCA, visit [www.ymca.net](http://www.ymca.net) or call that YMCA to confirm their participation in Nationwide.

*\*Please note: Not all membership types are eligible for Nationwide Membership. Please stop by the Member Service Desk to confirm your eligibility.*



### Sex Offender Policy

Beaver County YMCA will review all members and guests against the national registry of Sex Offenders and prohibit membership or access to our Y for individuals classified as sex offenders.

## Health & Wellness

YMCAs have led community-based health and fitness for more than a century. Research continues to support the approach to health that YMCAs have taken since 1891 when Luther Gulick proposed the red YMCA triangle as a symbol of a person's "essential unity – spirit, mind and body – each being a necessary and eternal part of man." Participation in Y health and fitness programs offer opportunities for friendship and community, a sense of well-being, self-confidence, and improved mental abilities and cognition – not to mention the obvious benefits of healthy hearts, lungs, bones and muscles. The Beaver County YMCA knows that people of all ages, incomes and abilities can benefit from good health and wellness programs.

Adult programs at the Beaver County YMCA include various aerobic classes for strength & cardio training; SG; cycling; PT; nutritional & water therapy and free-weight classes.



- **Wellness Orientation Program** - This program is designed for new or current members who need help developing cardio and strength training fitness plans. The program consists of an orientation to our cardiovascular machines and intro to resistance training machines focusing on the major muscle groups. The program will provide you with a workout sheet that will track your sets, reps, and machine settings. No appointment necessary, walk-ins only. Stop in and ask the Wellness Attendant for an Orientation.
- **Personal Training** - Achieve your personal best and maximize your workout with motivation and safe fitness-training methods! Sessions can be purchased individually or in a package. Stop by the Member Service Desk for current pricing.

### Program includes:

- Consultation
- Training program specific to your needs
- One-on-one training/coaching
- Led by knowledgeable, certified trainers with a degree in exercise science or a PT certification.

For a complete listing of Health & Fitness programs, see the program guide.

- **Personal Training Policy** - Personal training or coaching at the YMCA is provided by YMCA employees only. Trainers and coaches that are not employed by the YMCA are prohibited from providing training and coaching services at the YMCA to members or participants. Failure to comply with the policy is a direct violation of YMCA policy and may result in termination of YMCA membership privileges.



### Health & Wellness Etiquette

1. When members are waiting, there is a 30-minute limit on all cardiovascular equipment.
2. Weight equipment must be used as designed.
3. Members must allow others to "work in" between sets on all weight equipment.
4. Members must not congregate around equipment inhibiting its use by other members.
5. In the free weight area, all weights must be racked properly at the end of use. Benches must be returned to proper place.
6. Members that are between the ages of 9-14 years are not permitted into the Wellness Center unless he/she has been trained by a member of the Wellness staff and has an orientation bracelet.
  - Children are able to use weight machines with assistance of a parent/guardian.
  - Children are able to use cardio machines with parent/guardian present in the Wellness Center.
7. All members under 14 who have been trained must wear bracelet upon entrance at the Member Service Desk.
8. All members must wear appropriate shoes & workout attire (1. NO work boots, tongs, sandals, or dress shoes 2. No sports bras or inappropriate clothing.)
9. Management reserves the right to deny use of the Wellness Center to anyone at anytime.

### Gym & Track

#### Gym

1. A schedule is available at the member service desk. The schedule changes seasonally and is subject to modification for YMCA events and programs.
2. No hanging from the basketball rims.
3. Basketballs and volleyballs may be checked out at the front desk. You must allow the Member Service Desk to retain your membership card or some other type of valuable as security when checking out equipment. You are responsible for returning equipment. Your membership card will not be returned without returning the checked out equipment.
4. Proper court shoes are required in order to use this area.

#### Track

1. This area is open to members 15 years and older. Children 14 and under must be accompanied by staff or parent
2. This area is not an observation deck unless otherwise designated for a specific event.
3. All persons who use the indoor track must follow the posted direction.
4. The inner lanes are for faster participants; the outer lanes are for slower participants.
5. Proper court shoes are required for participation in this area.
6. 16 times around the track equals 1 mile.

### Racquetball/Wally Ball Reservation Procedure

The YMCA is a membership organization. The facility is to be used by our members and the courts can be reserved by members only (equipment is provided at Members Service Desk).

1. Courts may be reserved one day in advance (i.e. we begin taking court reservations for Tuesday beginning at 5 a.m. Monday)
2. Courts can only be reserved for a one-hour period beginning on the hour only. If no one has reserved the court after the reserved hour, play may continue.
3. Members may not make reservations in other member names.
4. The YMCA reserves the right to reserve the courts for special programming.
5. The use of goggles and safety string must be used at all times. Additionally, street shoes or black-soled shoes are not permitted.

## Aquatics

YMCAs have been teaching people to swim for more than a century. In YMCA aquatics programs, children learn to be safe around water and they feel the sense of accomplishment that comes with learning something new.

At the Beaver County YMCA, we offer:

- **Parent/child (6-36 months) swim lessons** - We spend time getting children comfortable in water and use games to expose them to basic movements in water.
- **Preschool swim program (3-5-year olds)** - The children are taught the basic skills that are the building blocks of swimming. The participants are divided into skill levels and the class size is such that the instructor can provide children with individual attention.
- **The Youth Swim Program (ages 6 and up)** comprise five main components: personal growth, personal safety, stroke development, water sports and games, and rescue. Each skill level builds upon the preceding level, with seven levels covering all the strokes, diving fundamentals, and safety skills.
- **Youth and Adult Private Swim Lessons** - Private swimming lessons provide everyone with the opportunity to improve their swimming skills and are an excellent way to receive the one-on-one attention you may need. Lessons are planned according to individual needs and schedules; the most common is (6) 30 minute classes held once a week.  
**Register at any time!**



Other YMCA aquatics programs include lessons for adults; lifeguarding; family swims; water exercise and therapy and water sports, including aqua aerobics, water walking, arthritis class, and aqua jog.

For a complete listing of aquatics opportunities, see the program guide or ask for the Aquatic Director.

## Swimming Pool Etiquette

A swimming pool schedule is printed in the program guide, available at the Member Service desk, and posted in the swimming pool area, as well as areas throughout the building. The pool schedule changes seasonally and is subject to change for YMCA events and programs.

Safety is the main priority in the pool area. For everyone's welfare, the following rules apply:

1. All swimmers **MUST** wear proper swimming attire.
2. Please shower before entering the pool and after use of Whirlpool, Steam Room or Sauna.
3. Swimmers **MUST** stay in designated area.
4. Diving **ONLY** permitted along back wall.
5. Lanes are for lap swimming and swimming lessons **ONLY**.
6. **NO** running.
7. **NO** food, drink or glass containers in pool area.
8. **NO** foul language.
9. **NO** pushing or other dangerous horseplay.
10. **NO** flips or backward dives into the pool.

11. **NO** hanging on lane ropes.
12. **NO** walking in flippers on pool deck
13. **NO** inflatable pool rafts or toys.
14. Proper use of pool equipment is required.
15. To swim in deep end, a Lifeguard may require you to pass a swim test (1 length of the pool).
16. Children 6 years of age and younger must wear a provided PFD if not accompanied by an adult in the water unless child passes swim test.
17. Lifeguards and Management reserve the right to deny use of the pool to anyone at any time.
18. Children under 10 must have an adult in pool area at all times.



### Whirlpool/Sauna/Steam Room

Before entering or using, elderly persons, pregnant women, and those with health conditions requiring medical care should consult a physician.

- Proper swimming attire is required. Sauna suits & sweat clothing are not permitted.
- Use of sauna/steam room/whirlpool is prohibited by patrons under the age of 14.
- Use while under the influence of alcohol or drugs is not permitted.
- Long exposure may result in nausea, dizziness or fainting; **DO NOT EXCEED 10 MINUTES.**
- Do not stand on the whirlpool deck. Please use steps to enter and exit.
- Please shower before entering.
- No exercising in the whirlpool/sauna/steam room.
- No food, drink or glass containers in whirlpool/sauna/steam area.
- Do not wear contact lenses in sauna.
- Do not wear jewelry or metal objects in sauna.
- Use of oils, scented oils or aroma therapy in the sauna/steam room is not permitted.
- No shaving in the sauna/steam room.
- After using sauna or steam rooms, please rinse off before entering the pool.

## Childcare

The Beaver County YMCA is dedicated to providing high-quality, affordable childcare. As the nation's largest provider of childcare programs, YMCAs provide family-centered, values-based programs to nurture children's healthy development. Well-trained staff provides safe, affordable, high-quality care so parents can have peace of mind while they work.

The Beaver County YMCA provides Childcare in several different locations. All of our Childcare Centers are fully licensed by the Department of Public Welfare. We provide a safe and secure environment in which children can develop to their fullest potential.

Childcare is provided year-round at the YMCA for children six (6) weeks through pre-kindergarten age, Monday through Friday from 6 a.m. until 6 p.m. Breakfast and afternoon snack are provided.



Our childcare program offers developmentally and age appropriate curriculum.

**Infant Room:** We accommodate each child's needs and routines to help the infant and parents feel secure. Expose children to a variety of activities that promote their emotional, social, and physical growth.

**Young Toddler:** Encourage individual growth and independence. There is a consistent routine including outdoor exploration and various learning activities like crafts, musical awareness, reading, and gross motor development.

**Older Toddler:** Children will continue to gain independence, develop responsibility, strengthen motor skills, and to associate with other children in an appropriate manner.

**Preschool:** Children will build upon their character development. The children will enter the emerging learning stages, incorporating curriculum such as language arts, math, and science.

**Pre-Kindergarten:** Children will be exposed to all areas of the curriculum, such as math, language arts, science and social studies. They will learn to recognize and correctly write letters, numbers, and common site words thus preparing the children for kindergarten.

## School Age Care

During the school year, we provide before and after school care for students through age 12 who attend New Brighton, Hopewell and Baden Academy. The children enjoy gross motor and outdoor time, quiet and homework time, games and fun activities, and much more. Our school-age sites are located at the following:

- New Brighton site: Beaver County YMCA, Youth Center
- Hopewell site: Hopewell Memorial Jr. High School, Room 115
- Baden site: Baden Academy, Gymnasium

For more information or enrollment questions, please call 724-650-4193.

We offer both full-time and part-time rates with a minimum of three (3) days.

All registrations are done by appointment.

## Child Watch (3 months-5 years)

- Child Watch is a free service to our members.
- Parents/guardians must be in the building at all times.
- Parents must sign children in and out of Child Watch. Person who signs child in is the only one permitted to pick child up.
- Please notify staff of any health issues.
- Children with fevers and/or contagious illnesses are not permitted in the Child Watch area.
- Staff members reserve the right to refuse any child who appears to be sick or endangering others.
- No snacks are permitted in the Child Watch area. Sippy cups are permitted if they contain water.
- Please label all belongings.
- Toys from home are not permitted. The YMCA is not responsible for personal items.
- There is a 2 hour time limit per child.
- Parent/guardian will be asked to come and attend to their child if they become inconsolable for an extended period of time.



## Youth Center (6-14 years)

- We have developed an active schedule for our school age children that allows them supervised use of the facility. From hockey to game night to Capture the Flag, we will keep the children active. Visit the Member Service Desk or go to [www.beavercountymca.org](http://www.beavercountymca.org) for a current schedule of activities.
- The Youth Center is a free service to our members.
- Child may sign themselves in or parent may sign child in and out of the Youth Center.

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## Community Development

The YMCA believes we all need a place to belong—a place where we genuinely care about one another, share in decisions, treat each other with respect and pull together for a common cause. The Beaver County YMCA brings together people from different walks of life in an environment where all can feel comfortable.

Each year, the Beaver County YMCA addresses a topical issue and develops community programs. Past topics have included terrorism, anger-management, unemployment, and health & wellness. To support these topics, the YMCA has held lecture series, a teen summit, and luncheon programs to share appropriate information with the community.



Some of the ways we reach out into the community include:

- Summer Meal Program
- Christmas of Giving
- Youth Supper
- Family Nights
- Scholarships
- SilverSneakers®
- Silver & Fit®
- 5210 program
- AARP Drivers Education
- Playgrounds
- Community Pools
- Fitness Classes at the Beaver County Housing Authority Sites
- Partner with area churches to provide church services and mission-based programs to the residents of Beaver County.
- Swim for All Program



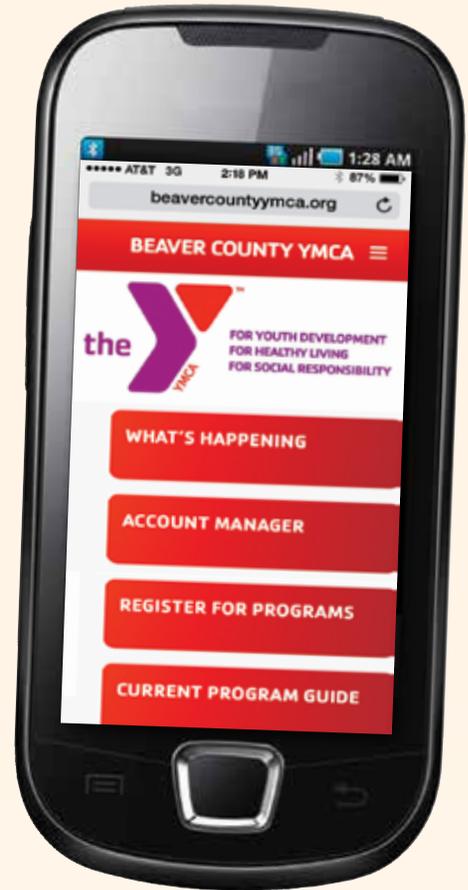
At the Beaver County YMCA, we pride ourselves on serving others. Feel free to share an idea or program suggestions. We are Beaver County's "solution provider."

For more information on these and other programs, check out the program guide, contact the Vice President of Operations, 724-891-8439.

## HAVE ALL THE INFORMATION YOU NEED AT YOUR FINGERTIPS... VISIT WWW.BEAVERCOUNTYYMCA.ORG

Our Mobile site provides you with quick access to what's happening at the Y including Aerobics, Gym, and Pool Schedules as well as links to our current program guide, online registration, and member account manager.

**Attention  
Smartphone Owners:  
Scan this code to visit  
our mobile site.**



### Account Manager

The Beaver County YMCA members have the option to manage their account online. Just visit our website at [www.beavercountyyymca.org](http://www.beavercountyyymca.org) and click on Account Manager and follow prompts to begin managing your account.

**Once signed into the Account Manager, the following are your menu options:**

**My Account:** will give you the option to update your contact information and billing methods.

**My Balance:** will allow you to pay outstanding balances, or schedule out payments for fees not currently due.

**View Payment History:** will allow you the option to view past payments made and the details of the fees charged.

**Program Registration:** will allow you to register for a variety of program offerings. If you have any questions or problems using the account manager, please feel free to contact the Member Service Desk at 724-891-8439 for assistance.

Beaver County YMCA



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

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724-891-THE-Y • Fax: 724-847-3923  
[beavercountyyymca.org](http://beavercountyyymca.org)