



## Beaver County YMCA Reopening Plan

**Phase 1:** Reopen Y on Monday, June 15, 2020, to Members Only, No Guests, or Nationwide Members. Capacity is limited to 50%. We want to ensure that our YMCA members have access to classes, lap lanes, equipment, and reduce crowding.

### **Hours of Operation:**

Monday-Friday 5a-7p

Saturday 6a-6p

Sunday 1p-6p

**Masks:** All staff are required to wear masks. Members are asked to wear them when traveling to and from your areas of use. Members are not required to use a mask when working out. This follows the CDC and state health department recommendations.

### **What's open:**

- **Wellness Center:** We will be increasing our cleaning and sanitation efforts and ask that you do the same. Each member will be receiving their own towel and sanitizing bottle upon entering the Wellness Center. Please follow directional arrows to navigate the wellness floor. We ask that you please wipe down equipment before and after use. Equipment has been reconfigured to accommodate social distancing. Not all equipment will be available. Please note the signage on the cardio equipment for when a machine has been sanitized by a staff member and is ready for use. The staff member will flip the sign to "green" which means "go". When exiting the Wellness Center, place your soiled towel and sanitizing bottle in their respective bins. Wellness Center staff will clean and sanitize those and prepare them for the next member to use.
- **Walking Track:** Please try and keep 6ft of social distance between you and other members while following the directional arrow.
- **Lap Pool:** Will be open for Lap Swimming only and will be limited to 1 swimmer per lane.
- **Locker Room:** The set of locker rooms at the back of the building will be available for use. We ask that you be as quick as possible, be respectful of others space, and maintain social distancing. Appropriate footwear must also be worn to and from the pool and locker room. Flip-flops or water shoes are recommended for the locker room, showers and pool areas. Please bring your own towel.



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- Group Exercise: Classes will be held on site and virtually. A weekly schedule will be available. Please bring your own mat to class. Active Older Adult classes will be held in The Life Center, please check weekly schedule for days and time. Instructors will set up and clean up equipment needed for class. Helping to maintain the 6ft of social distancing. Instructors will be cleaning equipment before and after your use of it for class.

### **Entering the Y:**

Directional signs have also been placed at the base of the ramp and stairs. We ask that you please use the ramp to enter the facility and the Stairs upon your exit from the Y.

Upon Entering the Y's Front Door, each member will be asked a set of healthy questions to ensure you are able to use the Y. Anyone with fever of 100.4 degrees Fahrenheit or higher, who has symptoms of, or has been exposed to COVID-19 will not be allowed to use the Y until symptoms have subsided for 24 hours.

Members please have your membership keycard out and ready to be self check-in. We have also placed Plexi-glass barriers at the desk along with signage throughout the building directing your ingress and egress.

We ask that you please have your membership keycard, or load your membership keycard onto an app. A picture of your card on your phone will also work, as long as it scans. Membership keycards will be available to purchase for \$1.00. If you need help loading your membership keycard onto your phone or need any other assistance please let us know. We'd be happy to help! Other membership questions, please email [membership@beavercountyyymca.org](mailto:membership@beavercountyyymca.org), or call 724-891-8439.

### **Hydrate & Recover:**

- Bring your own water bottle. Water fountains will not be available throughout the building, we are in the process of switching them over to touchless bottle filling stations. The touchless bottle filling station in the Wellness Center will be available for use.
- Coffee and Protein Shakes will be grab & go only.



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### What's Not Open for use in Phase 1:

- Youth Sports
- Child watch
- Basketball
- Pickleball
- Racquetball
- Wallyball
- Water based classes including water volleyball
- Therapy Pool
- Whirlpool
- Sauna
- Steam Room.
- Seating in the lobby area has been removed

The confined spaces of the Steam Room, Whirlpool, and Sauna make social distancing impossible.

We will phase these areas in with guidance from the CDC, state and local health officials.