



Beaver County YMCA Youth Basketball League – Winter 2021



OBJECTIVE:

The **Beaver County YMCA Youth Basketball League** is a co-ed league where all participants have an opportunity to play, grow and learn in a safe and fun environment. We prioritize and promote skill and character development over winning and competition. We understand that healthy competition has its place but not at the expense of sportsmanship, fair play and respect.

PROGRAM DATES:

Week of January 31st to Week of March 21st (8 weeks)

REGISTRATION DEADLINE:

Sunday January 17th, 11:59 pm or once league is full

LOCATION:

All practices and games for all age categories will be held at the **Beaver County YMCA Gymnasium** located at the following address: **2236 Third Avenue, New Brighton, PA, 15066.**

AGE CATEGORIES:

- 5 - 6 years old
- 7 - 8 years old
- 9 - 11 years old
- 12 - 14 years old
- 15 - 17 years old

INFORMATION PER AGE CATEGORY*:

	5-6	7-8	9-11	12-14	15-17
Number of teams**	4 teams	4 teams	2 teams	2 teams	2 teams

* Some parameters are subject to change during the season for the betterment of the league.

** May be subject to change based on final participant registration numbers per age category.



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	5-6	7-8	9-11	12-14	15-17
Players per team**	6	10	10	10	10
Number of players on court	3 vs. 3	5 vs. 5	5 vs. 5	5 vs. 5	5 vs. 5
Play size area for games	Full court games on ½ of the gym	Full court using the entire gym	Full court using the entire gym	Full court using the entire gym	Full court using the entire gym
Game length (Running time)	8 x 4 min shifts (4 x 8 min quarters)	8 x 5 min shifts (4 x 10 min quarters)	8 x 5 min shifts (4 x 10 min quarters)	8 x 5 min shifts (4 x 10 min quarters)	8 x 5 min shifts (4 x 10 min quarters)
Ball size	25.5"	27.5"	28.5"	29.5"	29.5"
Hoop height	7 feet	8 feet	10 feet	10 feet	10 feet
Practice day	Monday	Tuesday or Wednesday	Monday	Tuesday	Wednesday
Practice time	6:00 – 7:00 pm	6:00 – 7:00 pm	7:30 – 8:30 pm	7:30 – 8:30 pm	7:30 – 8:30 pm

NEW PROCEDURE & POLICY CHANGES DUE TO CDC & COVID-19:

- Participants will have their temperature taken as they enter the gymnasium. Once temperature is taken, participants will use hand sanitizer in preparation for practices/games.
- Due to CDC guidelines the following procedures and policies will be implemented:
 - Parents, family, guardians, extended family and/or guests will not be permitted to attend practices.
 - For games, only one (1) spectator per game participant.
 - Adhere to any other social distancing CDC requirements.



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- All practice basketballs and games balls will be sanitized after every practice and game.
- Hand sanitizer will be on scoreboard table for each team to use after every game shift.
- At the end of practice, participants will use hand sanitizer and coaches will usher participants, through the back entrance where parents will be able to pick them up in the back parking lot area, in order to minimize traffic in the front parking lot area.
- Games will no longer be back to back as there will be a 30-minute transition time in between games in order to minimize traffic in the building, sanitize equipment and encourage social distancing.

GAME SCHEDULES:

All games will be played Saturday between 9:00 am – 5:30 pm. Age categories with only 2 teams will have teams made up on the spot. Teams with 4 teams will have a scheduled sent out on the Thursday, February 11th, two days before the first game of the season. The game day schedule will go as follow:

- 5-6 years old → 9:00 – 10:00 am (Gym A) 9:00 – 10:00 am (Gym B)
- *30-minute transition*
- 7-8 years old → 10:30 – 11:30 am
- *30-minute transition*
- 7-8 years old → 12:00 – 1:00 pm
- *30-minute transition*
- 9-11 years old → 1:30 – 2:30 pm
- *30-minute transition*
- 12-14 years old → 3:00 – 4:00 pm
- *30-minute transition*
- 15-17 years old → 4:30 – 5:30 pm



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The 30-minute transition period will be implemented in order to respect the CDC guidelines of social gatherings and distancing, letting one age group completely exit before the next age group enters. This will also allow for our staff to disinfect materials and equipment as well as change hoop heights and other necessary adjustments.

RULE MODIFICATIONS FOR GAMES:

- No full court press, half-court defense after every basket and defensive rebound.
- No zone defense, only player to player defense (man to man defense).
- No double teaming on players, however we will teach help defense and recovering concepts as well as switching with on and off ball screens if applicable.
- 2 – 5 minute halftime
- Substitutions will take place every 4 or 5 minutes (depending on age category) anytime the play stops. Game clock will be running time.
- Personal fouls will be called by referees, but not recorded and there will be no foul outs unless there is a flagrant/technical foul in which the player will get a warning and if there is a second they will be removed from the game.
- 7 team fouls per half before bonus shooting one and one.
- Backcourt violation only for the three oldest age categories on the full court
- Time will only stop on timeouts and foul shots
 - 1 timeout in first half, 1 timeout in second half and 1 floating timeout
 - Timeouts are only called by the coaches from the bench



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- Last 2 minutes of the game for the three oldest age categories if the score difference is 10 points or under.
- All other PIAA standard rules apply

EQUIPMENT NEEDED:

- A pair of basketball or multi-sport cross trainer running shoes, no boots or open toe shoes like crocs or flip flops.
- Purchased game reversible jerseys provided by the Beaver County YMCA upon registration. Please bring reversible jerseys to both practices and games as we sometimes make groups or teams in practice for various drills and/or scrimmages.
- A water bottle is highly encouraged for proper hydration during physical activity and should be kept at the players' bench during the games. Please have it labeled and refrain from using twist top bottles in order to reduce the chances of players spilling liquids on the floor.
- If you bring your personal basketball, please make sure it is labeled with your name or initials on it.

OTHER IMPORTANT INFORMATION:

- Once the detailed schedule comes out, **home team wears white side** of the reversible jersey and the **guest team wears dark side** of the reversible jersey.
- No food is allowed in the gymnasium. The lobby area before you enter the long hallway gate door is the designated area where you are permitted to eat food. Snacks will be provided after each practice and game but cannot be eaten in the gymnasium or the hallways.



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- We are looking at the possibility of our games being filmed or streamed, so you can share game footage with extended family and friends through YouTube Live.

If you have any questions or would like more information, please do not hesitate to email me youthprograms@beavercountymca.org or call me at (724) 891-8439 ext. 312. We look forward to an exciting and fun filled season with you all.

Tim
Youth Director