



Beth Boffo has been part of the fitness community for over 20 years. She is a Certified Personal Trainer, Youth Personal Trainer, Sports Conditioning Specialist, Group Exercise Instructor, TRX Instructor and YMCA Lifestyle Coach. She understands the unique challenges of working and maintaining a healthy lifestyle. After obtaining a Bachelor's Degree from Clarion University and working for a large mutual fund company, Beth realized that her true passion was to help people stay fit while raising families and pursuing their careers. She loves hanging out with her family, working out and watching her kids play sports.



Jen Priest has been a NETA Certified Personal Trainer and Group Exercise Instructor with the Beaver County YMCA for 10 years. She enjoys teaching a variety of classes and working one-on-one with members of all ages to help them meet their fitness goals. She loves to run races of varying lengths but is a die-hard marathon enthusiast.



James Kaiser graduated from Fort Hays State University in Kansas with an Exercise Science degree. He loves creating workouts that challenge people both mentally and physically, and pushing them to reach their fullest potential. Check out one of his classes to take your journey to the next level.



Diane Hapach has been practicing Pilates for over 10 years. Her passion for fitness inspired her to teach at the Beaver County YMCA and to encourage others to also live a healthy lifestyle. Diane loves helping people change their lives by having fun while working out in an uplifting environment. Her family, friends and faith are also very important to her. When not at the Y, you can find her at her other job at Rome Inspirations in Rochester.



Jamie Roberts is a mother of 2 beautiful children and a NASM Certified Personal Trainer. She is also a Fitness Nutrition Specialist and Corrective Exercise Specialist. Jamie is currently a student at BCS in the Physical Therapy Assistant program and actively plays softball for the school. In her spare time, she takes care of her farm animals, and plays guitar and video games.



Nick Chirico graduated from Kent State with a Bachelor's degree in Exercise Science. He decided to become a NSCA Certified Personal Trainer in 2016 and follow his passion that he's enjoyed doing since he was 10 years old.



Chuck Atterbury graduated with a Bachelor's Degree from Clarion University and obtained a NASM Personal Training Certification. He loves playing basketball, lifting and video games with his son. He currently teaches a variety of Small Group classes at the YMCA. "Change is only a good thing if you change in a good way".



Jerrod Planitzer is a Health and P.E. teacher at New Brighton Middle School. He has also earned a Master's Degree in Exercise Science and Kinesiology from California University. He has been a NASM Certified Personal Trainer since 2010 and has helped countless clients succeed on their fitness journey.



Santino Cook graduated from Geneva College with a Bachelor's Degree in Biblical Studies and is an ISSA Certified Personal Trainer. His number one mission is to convey the connection between physical and spiritual well-being. One cannot be physically whole unless they are also spiritually whole.



Deidra Zoppelt has been working in the fitness industry since 2017. Her fitness journey and lifestyle change started around 2013 and has helped her build confidence, face mental illness and inspire others to seek that same kind of change. She decided that she wanted to help people the same way that fitness has helped her. She has been a WITS Certified Personal Trainer at the YMCA ever since. Deidra currently teaches Small Group classes and trains clients one-on-one. She loves food, leg days at the gym and her support system.



Marisa Tonkovich graduated with a Bachelor's Degree in Exercise Science and now teaches a variety of Small Group classes at the YMCA. She loves creating new and exciting workouts, and encouraging members to continually challenge themselves.