

THERAPY POOL RENOVATIONS TEMPORARY LAP POOL SCHEDULE

August 18th–September 7th

Mon./Wed./Fri.	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
5:00 – 8:00am	Lap Swim				Open Swim	
8:00 – 9:00am	Lap Swim			Total Aqua Body (if necessary)	Total Aqua Body - Deep Water	
9:00 – 10:00am	Lap Swim		HydroFit if needed	HydroFit		
10:00 – 11:00am	Lap Swim		Water Volleyball if needed	Water Volleyball		
11:00 am – 12:00pm	Swim Lessons 11:10am–1:40pm Lap Swim 1:40pm–4:30pm	Lap Swim	Water Volleyball 11–1:30am if needed	Volleyball (11–11:30) Open Swim (11:30–12pm)		
12:00 – 1:00pm		Lap Swim			Arthritis Class	
1:00 – 4:30pm		Lap Swim			Jamie’s Physical Therapy (Mon./Fri. 2–3pm)	
4:30 – 7:15pm	Monday Swim Lessons	Lap Swim			Open Swim	
7:15 – 8:15pm	Lap Swim				Open Swim	

Tues./Thurs.	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
5:00 – 8:00am	Lap Swim				Open Swim	
8:00 – 9:00am	Lap Swim				Open Swim	
9:00 – 10:00am	Lap Swim				Aqua Pilates	
10:00 – 11:00am	Lap Swim				Jamie’s Physical Therapy	
11:00 am – 12:00pm	Swim Lessons 11:10am–1:40pm	Lap Swim			Open Swim	
12:00 – 1:00pm		Lap Swim			Water Walking	
1:00 – 4:30pm	Lap Swim 1:40pm–4:30pm	Lap Swim			Open Swim	
4:30 – 7:15pm	Tues./Thurs. Swim Lessons	Lap Swim			Hydrofit (Thurs. 6:15–7pm)	
7:15 – 8:15pm	Lap Swim				Open Swim	

Sat.	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
6:00am – 5:45pm	Swim Lessons 9am–12:15pm	Lap Swim			Open Swim	

Sun.	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
12:00 – 4:45pm	Lap Swim				Open Swim	